



National Capital Region
DIVISION OF CITY SCHOOLS
Marikina



V. Gomez St., San Roque, Marikina City TeleFax.: 646-05-44 : 646-86-42

February 5, 2018

MEMORANDUM TO:

Chief Education Supervisors, CID and SGOD
Elementary and Secondary School Principals
Officers-in-Charge
Public & Private Schools


DIVISION OF CITY SCHOOLS
MARIKINA



**CAMPAIGN FOR CHARACTER EDUCATION TENACITY (CACHET)
SELF-REFLECTION WORKSHOP**

Attached is Regional Letter No. 37, s. 2018 dated January 30, 2018 re: **Cachet Self-Reflection Workshop with the theme "Day-to-Day Heroism in Day-to-Day Living** on February 9-11, 2018 at Epic Parc, Tanay Rizal, content of which is self-explanatory, for information.

Immediate and wide dissemination of this Memorandum is desired.


SHERYLL T. GAYOLA
Officer-In-Charge

Office of the Schools Division Superintendent



Republika ng Pilipinas
(Republic of the Philippines)
KAGAWARAN NG EDUKASYON
(DEPARTMENT OF EDUCATION)
PAMBANSANG PUNONG REHIYON
(NATIONAL CAPITAL REGION)
Daang Misamis, Bago Bantay, Lungsod Quezon
(Misamis St., Bago Bantay, Quezon City)

RUSH

Department of Education
National Capital Region

RELEASED

By: [Signature]
Date: January 30, 2018

January 30, 2018
DIVISION OF CITY SCHOOLS
MARIKINA

RECEIVED

05 FEB 2018

RECORDS UNIT 8:05

TO : Schools Division Superintendents

Dear Sir/Madam:

Attached is a letter dated January 10, 2018, signed by **Annabelle P. Brown**, Chairman and President Campaign for Character Education Tenacity CACHET Schools re: conduct of CACHET Self-Reflection Workshop scheduled on February 9-11, 2018 at Epic Parc, Tanay Rizal, contents of which are self-explanatory, for information and guidance.

Very truly yours,

[Signature]
WILFREDO E. CABRAL
Officer-In-Charge
Office of the Regional Director

Regional letter No. 37 s. 2018



Campaign for Character Education Tenacity

Pakikiisa sa Paaralan sa Kanilang Adhikain na Maging
MAKA-DIYOS, MAKA-TAO, MAKA-PAMILYA, MAKA-KALIKASAN at MAKA-BANSA

January 10, 2018

DR. WILFREDO E. CABRAL
OIC
Dep-Ed - NCR
Quezon City

Department of Education
National Capital Region
RECORDS AND PUBLICATION UNIT

RECEIVED

By: LB

Date: JAN 10 2018 Time: 2:10

Dear Dr. Cabral:

We are most pleased to invite you, the Cachet Associate School principals, your spouses, and the designated teacher and student accreditors to a *Cachet Self-Reflection Workshop*, scheduled for 9 to 11 February this year, and carrying the theme, *Day-to-Day Heroism in Day-to-Day Living*. Arrival time on the 9th is expected at 2:00 p.m.

The objective of the workshop is to enable the participants to strengthen their faith, their moral rectitude, and their pursuit of personal and professional development through, as the name of the activity says, deep self-reflection in the midst of nature, through talks, conversations, team building fun and games, and other interactive modes. Needless to say, the primordial objective is good and healthy rest from the hustle and bustle of day-to-day concerns.

No fee will be charged for the workshop, with Alalay sa Pamilya at Bayan providing for all the amenities in the Parc. We request you to take care of your transportation to and from the school and to allow your teachers and students concerned, that is, the accreditors leave on Friday, 9 February, to enable them to reach the Parc at 2:00 p.m.

Attached is the list of expected attendees who regularly attending the 2nd Saturday CaChET Trainers' Training at the University of Asia and the Pacific last 2017.

We hope you will find this invitation worth your favorable consideration. We are sending the order of the day, with the firm hope that you will be in Epic Parc from start to finish.

Thank you for your continued support of Cachet activities, and warmest regard to your noble endeavors!

Sincerely yours,

ANNABELLE P. BROWN
Chairman and President

CACHET
Schools
Award
2014 - 2020

CORE VALUES

Persons of
Character

who are

SELF-DIRECTED

in practicing

RESPECT

REGARD

RESPONSIBILITY

Through

SELF-KNOWLEDGE

SELF-MASTERY

SELF-GIVING

A project of

**ALALAY SA
PAMILYA AT
BAYAN
FOUNDATION INC.**

CACHET SELF-REFLECTION WORKSHOP
FOR SELECT TEACHERS, ACCREDITORS, AND STUDENTS
Epic Parc, Tanay, Rizal, Friday to Sunday, 9 to 11 February 2017

Theme: *Day-to-Day Heroism in Day-to-Day Living*

Staff: RJ Pakinkin, Ven and Charm Guce, Raymond and Tracee Villanueva,
Dennis and Rosalyn Wu, Ara Cruz, Sophie Abao, Sziarha Lagman,
Fatima Ballinas, Laika and Nicollo Ordoñez

Friday, February 9

- 2:00 p.m. Arrival/Registration
Snacks ... Settling Down
Free Time/Parc Exploration
Mentoring Chats, Conversations
- 6:00 Dinner
- 7:00 Preliminaries ... Getting-To-Know You ... Building Bridges
- Leveling and First Workshop: Personal Assessment
(Resolving Resolute Resolutions: The Day, Not the Year)
- 10:00 Lights Off

Saturday, February 10

- 6:00 a.m. Wake Up
- 7:00 Breakfast
- 8:00 Preliminaries: Fill'er Up ... Confidence Building
- 8:40 **First Session: First Things First: Restoring All Things in God**
- Catholics:**
Reconciliation, Acceptance, and Unity (Confession and Communion)
- Christians and Other Faiths**
Friendship with Christ, Study of the Faith
- 9:30 **Output 1: Personal and Social Questions Seeking Answers**
(Listing Down Deeply Bothersome Personal and Social Questions)
- 10:00 Break
- 10:30 **Second Session: Study and Work; Our Treasured Gifts**
Output 2: Towards Strengths, Weaknesses, Opportunities, Threats
- 12:00 noon Lunch

- 1:00 p.m. Team Building Games
- 2:00 **Group-Thinking: From Reality to Plan to Reality**
Output 3: Cachet Thematic Program
(Drawing Out Themes for Cachet 2018-2019)
- 3:00 **Ad Astra Per Aspera**
Output 4: Bucketlist – Non-negotiables – Negotiables
(Making a Personal Bucketlist, Non-negotiables, and Negotiables)
- 3:30 Break
- 4:00 **Special Talk**
Weakness ... Repentance ... Forgiveness ... Redemption
- 4:40 Afternoon Prayer ... Chats ... Confession
- 6:00 Mass
- 7:00 Supper
- 8:00 **Expressions by Candlelight**
What Happens Monday Morning?
(Love Letter Straight from the Heart)
- 10:00 Rest/Lights Off

Sunday, 4 September

- 5:00 a.m. Morning Shower
- 6:00 Mass
- 7:00 Breakfast
- 8:00 **Third Session: Managing Challenges of Family and Family Life (Separate)**
Output 4: Personal Resolutions on Family and Life
(Crafting Resolutions on Self, on Family, on Life, on Relationships)
- 9:30 Break
- 10:00 **Ask, And It Shall Be (Initially) Answered unto You (Joint)**
Output 5: Questions Seeking Answers
(Crafting Personal Moral or Doctrinal Questions)
- 12:00 noon Lunch
- 1:00 p.m. Photo Opportunity and Back Home