



REPUBLIC OF THE PHILIPPINES  
**DEPARTMENT OF EDUCATION**  
NATIONAL CAPITAL REGION  
**SCHOOLS DIVISION OFFICE – MARIKINA CITY**  
Shoe Ave., Sta. Elena, Marikina City  
+63 (02) 682-2472 / 682-3989 (CID) / 508-6113 (SGOD)  
<https://depedmarikina.ph> / (email) [sdo.marikina@deped.gov.ph](mailto:sdo.marikina@deped.gov.ph)



SCHOOLS DIVISION OFFICE  
Marikina City  
RECORDS UNIT

August 20, 2019

**RELEASED**

**OFFICE MEMORANDUM:**

AUG 22 2019 Date: \_\_\_\_\_ Time: 9:40  
By: \_\_\_\_\_

OIC, Office of the Assistant Schools Division Superintendent  
Chief Education Supervisors, SGOD and CID  
Education Program Supervisors  
Unit Heads  
Senior Education Program Specialists  
Education Program Specialists  
Program Development Officers II  
All SDO Personnel

**DIVISION WELLNESS PROGRAM**

As part of the Division Wellness Program and as a response to the result of our Health Demographics, please be informed that there will be a Zumba session every Friday at 4:00 pm to 4:45 pm at the façade of the Division Office, for the information and guidance of all concerned.

All personnel are enjoined to participate in this activity.

Immediate and wide dissemination of this Memorandum is desired.

**JOEL T. TORRECAMPO**  
Assistant Schools Division Superintendent  
Officer-In-Charge  
Office of the Schools Division Superintendent