



REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF EDUCATION
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE – MARIKINA CITY

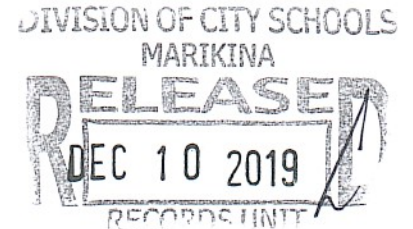
Shoe Ave., Sta. Elena, Marikina City
+63 (02) 682-2472 / 682-3989 (CID) / 508-6113 (SGOD)
<https://depedmarikina.ph> / (email) sdo.marikina@deped.gov.ph



December 9, 2019

MEMORANDUM TO:

OIC, Office of the Assistant Schools Division Superintendent
Chief Education Supervisors, SGOD and CID
Elementary and Secondary School Principals
Officers-In-Charge
Public Schools



**FINAL SCHEDULE OF SEMINAR ON HEALTHY LIFESTYLE
FOR SENIOR CITIZEN EMPLOYEES**

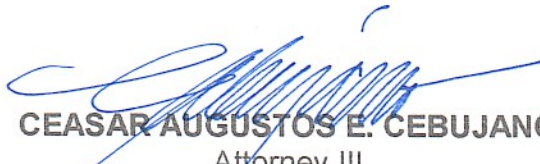
The field is hereby informed that the final schedule of **Seminar on Healthy Lifestyle for Senior Citizen Employees** will be **December 12, 2019, 8:00am to 12:00nn** at the 4th Floor, AVR, SDO-Marikina City.

Immediate and wide dissemination of this Memorandum is desired.

For:

SHERYLL T. GAYOLA
Education Program Supervisor
Officer-In-Charge
Office of the Schools Division Superintendent

By:


CEASAR AUGUSTOS E. CEBUJANO
Attorney III
OIC, Office of the Schools Division Superintendent