January 17, 2020

MEMORANDUM TO:

OIC, Office of the Assistant Schools Division Superintendent
Chief Education Supervisors, SGOD & CID
Secondary School Principals
Officers-In-Charge
Public Schools Only

LINK Club and Youth Life Enrichment Program

Please find the enclosed letter from Ms. Llewelyn Issa B. Dela Cruz, MA Ed, RGC, RPsy, Program Manager of Education, Advocacy and Research Department, Philippine Mental Health dated January 15, 2020 Re: courtesy visit/meeting with the School Principal and LINK Club Adviser, for the information and guidance of all concerned.

SHERYLL T. CAYOLA
Education Program Supervisor
Officer In-Charge
Office of the Schools Division Superintendent
January 15, 2020

MS. SHERYLL T. GAYOLA
OIC- Office of the Division Superintendent
Schools Division Office - Marikina City
Sta. Elena, Marikina City

Thru: MS. MARIELLE ANNE R. AGUIRRE, RN
Health and Nutrition Unit Head

Dear Ms. Gayola:

Greetings from the Philippine Mental Health Association (PMHA)!

PMHA and the Office of the Schools Division of Marikina have been partners on the advocacy for mental health through the implementation of Lusog Isip ng Kabataan (LINK) Club. The program aims to train students to become mental health advocates through the organization of mental health clubs in their respective schools.

In line with this, we are seeking for your support and permission expressed through a memorandum to allow us to conduct a courtesy visit/meeting with the School Principal and LINK Club Adviser of the following schools:

<table>
<thead>
<tr>
<th>DATE</th>
<th>NAME OF SCHOOL</th>
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<tr>
<td>February 17, 2020 (Monday)</td>
<td></td>
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<tr>
<td></td>
<td>• San Roque High School</td>
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<td>• Marikina Science High School</td>
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<td>• Malanday National High School</td>
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<td>• Concepcion Integrated School Secondary Level</td>
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<td></td>
<td>• Marikina Heights High School</td>
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<td>• Valeriano Fugoso Memorial High School</td>
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This intends to further strengthen the partnership between PMHA and these schools in the advocacy for mental health among the youth. The visit would include a brief orientation about PMHA and the Youth Life Enrichment Program. A lecture on “Kalusgan ng Isip” will be provided to selected students which will take approximately 45 minutes.

Thank you and we look forward to your favorable response.

Sincerely yours,

LLEWELYN ISSA B. DELA CRUZ, MA Ed, RGC, RPsy
Program Manager
Education, Advocacy, and Research Department

Member: WORLD FEDERATION FOR MENTAL HEALTH