



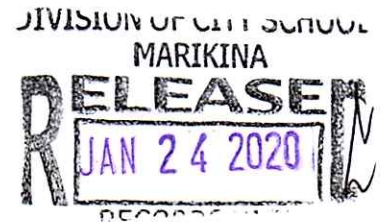
REPUBLIC OF THE PHILIPPINES  
**DEPARTMENT OF EDUCATION**  
NATIONAL CAPITAL REGION  
**SCHOOLS DIVISION OFFICE – MARIKINA CITY**  
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January 17, 2020


**MEMORANDUM TO:**

OIC, Office of the Assistant Schools Division Superintendent  
Chief Education Supervisors, SGOD & CID  
Secondary School Principals  
Officers-In-Charge  
Public Schools Only



**LINK Club and Youth Life Enrichment Program**

Please find the enclosed letter from **Ms. Llewelyn Issa B. Dela Cruz, MA Ed**, RGC, RPsy, Program Manager of Education, Advocacy and Research Department, Philippine Mental Health dated January 15, 2020 Re : **courtesy visit/meeting with the School Principal and LINK Club Adviser**, for the information and guidance of all concerned.

  
**SHERYLL T. GAYOLA**  
Education Program Supervisor  
Officer In-Charge  
Office of the Schools Division Superintendent



# Philippine Mental Health Association, Inc.

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OIC- Office of the Division Superintendent  
Schools Division Office - Marikina City  
Sta. Elena, Marikina City

**Thru: MS. MARIELLE ANNE R. AGUIRRE, RN**  
Health and Nutrition Unit Head

Dear Ms. Gayola:

Greetings from the Philippine Mental Health Association (PMHA)!

PMHA and the Office of the Schools Division of Marikina have been partners on the advocacy for mental health through the implementation of **Lusog Isip ng Kabataan (LINK) Club**. The program aims to train students to become mental health advocates through the organization of mental health clubs in their respective schools.

In line with this, we are seeking for your support and permission expressed through a **memorandum** to allow us to conduct a **courtesy visit/meeting** with the **School Principal and LINK Club Adviser** of the following schools:

DATE	NAME OF SCHOOL
February 17, 2020 (Monday)	<ul style="list-style-type: none"> <li>• San Roque High School</li> <li>• Marikina Science High School</li> <li>• Malanday National High School</li> <li>• Concepcion Integrated School Secondary Level</li> <li>• Marikina Heights High School</li> <li>• Valeriano Fugoso Memorial High School</li> </ul>

This intends to further strengthen the partnership between PMHA and these schools in the advocacy for mental health among the youth. The visit would include a brief orientation about PMHA and the Youth Life Enrichment Program. A lecture on "*Kalusugan ng Isip*" will be provided to selected students which will take approximately **45 minutes**.

Thank you and we look forward to your favorable response.

Sincerely yours,

**LLEWELYN-ISSA B. DELA CRUZ, MA Ed, RGC, RPsy**  
Program Manager  
Education, Advocacy, and Research Department

Member: WORLD FEDERATION FOR MENTAL HEALTH