MEMORANDUM TO:

OIC Assistant Schools Division Superintendent
Chief Education Supervisors, SGOD and CID
Principals, Elementary & Secondary Schools
Public & Private Schools

Invitation for 3-day Seminar Workshop on addressing Mental Health Issues

Attached are Regional Advisory No. 10 s. 2018 dated January 14, 2019 and a letter from Ma. Jesusa F. Flores, Training Coordinator, ARCZONE Professional Development, Inc. dated January 18, 2019, re:” Invitation for 3-day Seminar-Workshop on addressing Mental Health Issues” on February 22-24, 2019 at the City Garden Suites, Ermita, Manila, contents of which are self-explanatory, for information and appropriate action.

Particular attention is invited to the attached letter for reference.

Immediate and wide dissemination of this Memorandum is desired.

JOEL T. TORRECAMPO
Officer-In-Charge
Office of the Schools Division Superintendent

Incl: As stated
Reference: Advisory No. 10, s. 2018
Communication Letter from Ms. Jesusa F. Flores
Pursuant to DepEd Order No. 8, s. 2013, this Advisory is issued not for endorsement but for the information of DepEd Officials, Personnel/Staff, as well as the concerned public per DepEd Order No. 28, s. 2001 (Visit www.deped.gov.ph)

ARCZONE PROFESSIONAL DEVELOPMENT, INC.

The Arczone Professional Development, Inc. will be holding a Three (3) day Seminar-workshop on addressing Mental Health issues in the School setting on February 22 to 24, 2019 at the City Garden Suites, Ermita Manila.

The seminar-workshop aims to update participants on the latest trends in handling students’ mental health issues and promote awareness of their inherent responsibilities in promoting mental health concerns among students.

The target participants are School Administrators, Mid-Level School Managers, Guidance Counselors and Homeroom advisers and Teachers.

For more details, please contact Ms. Jesusa F. Flores, Training Coordinator, through email at arczone_eduphil@yahoo.com, landline number (02) 414.75.89/ (02) 781.68.95, mobile number 0921.576.16.76/0905.447.35.34.
Dr. Romulo B. Rocena
Schools Division Superintendent
DepEd – Division of Taguig City & Pateros
Upper Bicutan Elementary School, Upper Bicutan
Gen. Santos Avenue, Taguig City

January 18, 2019

Dear Dr. Rocena:

Republic Act No. 11036 otherwise known as Mental Health Law (June 20, 2018) stipulates in Sec. 2 that the state affirms basic right of all Filipinos to mental health as well as the fundamental rights of people who require mental health services. In this regard, Sec. 23 promotes the integration of mental health into the educational system such that the state shall ensure the integration of mental health into the educational system -age- appropriate content pertaining to mental health shall be integrated into the curriculum at all educational levels.

Further, Sec. 24 states that educational institutions such as schools, colleges, universities and technical schools shall develop policies and programs for students, educators and other employees designed to: raise awareness on mental health issues, identify and provide support and services for individuals at risk, and facilitate access, including referral mechanisms of individuals with mental health conditions to treatment and psychosocial support. All public and private institutions shall be required to have a complement of mental health professionals.

In this regard, the proposed seminar-workshop will allow teachers, counselors and school staff to be aware of their inherent responsibilities in promoting mental health as the primary carers of the holistic development of the students. Given the increasing number of mental health concerns of students nowadays, teachers, counsellors, homeroom advisers and school staff are being tapped in assisting the students in addressing their mental health concerns nonetheless of the insufficient number of trained professionals as well as limited capacities of handling these concerns. The topics shall discuss the context of mental health in schools, roles of teachers in the promotion and the latest trends in handling students' mental health issues in the local and foreign settings.

Committed in raising awareness of and promoting mental health at all levels of education, ARCZONE would like to request for your support to this seminar-workshop. We hope that you will help us motivate the participants from your division to avail the program.

We also would like to emphasize that ARCZONE Professional Development, Inc. has been accredited by the Professional Regulations Commission (PRC) as a Continuing Professional Development (CPD) Provider. The CPD unit application for this program is currently on process in the office of the PRC.

Attached are the details of the seminar-workshop. We look forward to working with you in providing high quality professional development to our educators, counselors, and staff.

Thank you very much.

Sincerely yours,

[Signature]
Ms. Jesusa F. Flores
Training Coordinator
# A 3-day National Seminar-Workshop on Addressing Mental Health Issues in the School Setting (Live-out seminar)

## Details of Training

**Dates:** February 22, 23 & 24, 2019  
**Venue:** City Garden Suites, 1158 A. Mabini Street, Ermita, Manila  
**Target participants:** School Administrator, Mid-level School Managers, Guidance Counsellors, Homeroom Advisers and Teachers  
**Registration fee:** PhP 4,800 (inclusive of snacks, buffet lunches, seminar kits, hand-outs and a certificate)

## Program of Activities

<table>
<thead>
<tr>
<th>Time</th>
<th>Day 1</th>
<th>Day 2</th>
<th>Day 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 – 8:30</td>
<td>Registration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30 – 9:00</td>
<td>Opening Program</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00 – 10:00</td>
<td>Introduction to Mental Health</td>
<td>Mental Health in Context: Stress and Anxiety</td>
<td>Navigation through Mental Health Problems</td>
</tr>
<tr>
<td>10:00 – 10:15</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:15 – 12:00</td>
<td>Mental Health First Aid</td>
<td>Mental Health in Context: Depression</td>
<td>Why should well-being taught on schools?</td>
</tr>
<tr>
<td>12:00 – 1:00</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:00 – 2:30</td>
<td>Basic Counselling Skills</td>
<td>Mental Health in Context: Suicidality / Psychological Assessment of Mental Health</td>
<td>Increasing well-being through Positive Psychology</td>
</tr>
<tr>
<td>2:30 – 2:45</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:45 – 4:30</td>
<td>...Continuation</td>
<td>...Continuation</td>
<td>...Continuation</td>
</tr>
<tr>
<td>4:30 – 5:00</td>
<td></td>
<td></td>
<td>Closing Program / Awarding of Certificates</td>
</tr>
</tbody>
</table>

Guest lecturers/facilitators are from Philippine Normal University – Manila, De La Salle University – Taft, University of the Philippines – Diliman, University of Santo Tomas – España, etc.

---

### REPLY SLIP

(Reservation is REQUIRED. Please send this slip or contact the secretariat for reservation. You may use a separate sheet.)

Name of Participant(s):  

Contact Numbers:  

Company Name and Contact Number(s):  

(02) 414 7589  | 781 6895 | 0921 576 1676 | 0905 447 3534 | arczone_eduphil@yahoo.com