



REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF EDUCATION
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE – MARIKINA CITY

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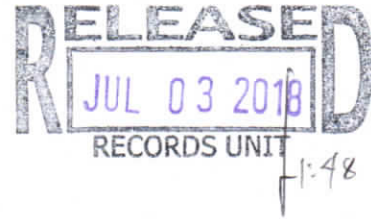


July 2, 2018

MEMORANDUM TO:

Chief Education Supervisors, SGOD & CID
Secondary School Principals
Officers-In-Charge
Public Schools Only


DIVISION OF CITY SCHOOLS
MARIKINA



**LUSOG ISIP NG KABATAAN (LINK) CLUB SCHEDULE OF ACTIVITIES
SY 2018-2019**

Please find the enclosed letter from **Ms. Carolina Uno-Rayco, Ph.D., RGC, RPsy** dated June 27, 2018 re: LINK CLUB Activities for SY 2018-2019, for the information and guidance of all concerned.

Immediate and wide dissemination of this Memorandum is desired.


SHERYLL T. GAYOLA
Officer-In-Charge

Office of the Schools Division Superintendent



Philippine Mental Health Association, Inc.

18 EAST AVENUE P.O. BOX 1040
QUEZON CITY 1100, PHILIPPINES

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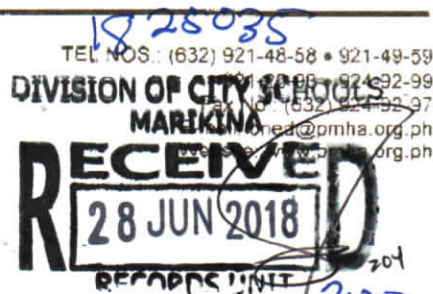
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June 27, 2018

MRS. SHERYLL T. GAYOLA
Officer-in-Charge
Division of City Schools – Marikina
Sta. Elena, Marikina City

Thru: **MS. MARIELLE ANN R. AGUIRRE, RN**
Health and Nutrition Unit Head



Dear Mrs. Gayola:

Greetings from the Philippine Mental Health Association (PMHA)!

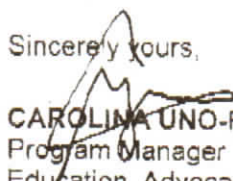
PMHA and the Office of the Schools Division of Marikina have been partners in the advocacy for mental health through the implementation of **Lusog Isip Ng Kabataan (LINK) Club** under the PMHA's Youth Life Enrichment Program. The program aims to train students to become mental health advocates through the organization of mental health clubs in their respective schools.

In line with this, we are seeking for your support and permission expressed through a memorandum to allow us to conduct the following mental health related activities involving the **secondary schools** in Marikina for the School Year 2018-2019.

ACTIVITIES	SCHEDULE
1 st Meeting	August 4, 2018; 8:30-11:30AM Parang High School
LINK Club Advisers' Capacity Building: Training on the Discussion of Teenage Depression and Suicide	September 22, 2018 PMHA Conference Hall
2 nd Meeting	October 6, 2018; 8:30-11:30AM Tañong High School
Simultaneous Lecture on "Teenage Depression and Suicide"	October 10, 2018
3 rd Meeting	December 1, 2018; 8:30-11:30AM Sto. Niño National High School
4 th Meeting	February 2, 2019; 8:30-11:30AM Barangka National High School
Joint LINK Club Special Recognition Meeting	March 2, 2019; 8:30-11:30AM PMHA Conference Hall

Thank you and we are looking forward to another year of fruitful partnership with you.

Sincerely yours,


CAROLINA UNO-RAYCO, Ph.D., RGC, RPsy
Program Manager
Education, Advocacy, and Research Department