



REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF EDUCATION
NATIONAL CAPITAL REGION
SCHOOLS DIVISION OFFICE – MARIKINA CITY

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August 24, 2021

MEMORANDUM TO:

OIC, Office of the Assistant Schools Division Superintendent
Chief Education Supervisors, SGOD and CID
Secondary School Principals/Officers-In-Charge
Public Schools Only

**PHILIPPINE MENTAL HEALTH ASSOCIATION
YLEP-LINK CLUB ORIENTATION MEETING**

Attached is the letter from **Ms. Llewelyn Issa B. Dela Cruz**, Program Manager, Education, Advocacy and Research Department (EARD), Philippine Mental Health Association, Inc. dated August 17, 2021, re: **YLEP-LINK Club Orientation Meeting**, the content of which is self-explanatory, for information and guidance of all concerned.

Immediate and wide dissemination of this Memorandum is desired.

SHERYLL T. GAYOLA
Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent



PHILIPPINE MENTAL HEALTH ASSOCIATION, INC.

18 East Avenue P.O. Box 1040 Quezon City 1100, Philippines
MEMBER: WORLD FEDERATION FOR MENTAL HEALTH

August 17, 2021

DR. SHERYLL T. GAYOLA

Schools Division Superintendent
Office of the Schools Division – Marikina City

Thru: **MS. MARIELLE ANN S. AGUIRRE, RN**
SDO Health and Nutrition Unit Head

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National Executive Director

Dear **Dr. Gayola**:

Greetings of peace and well-being!

The **Philippine Mental Health Association, Inc. (PMHA)** and the Department of Education (DepEd) have been partners in the promotion of mental health among its selected public junior high schools through the **Youth Life Enrichment Program's Lusog Isip Ng Kabataan Club (YLEP-LINK Club)** for the past several years. We have provided Grade 7-10 students and teachers with capacity-building and psychoeducational activities that aim to raise awareness on the importance of mental health as an aspect of overall health and well-being.

This year, PMHA's YLEP-LINK Club, utilizing the Social and Emotional Learning (SEL) framework, will conduct activities to teach students with practical strategies on how to improve their mental health amidst the COVID-19 pandemic. The program will also involve teachers and parents who have important roles in enhancing the students' psychosocial well-being.

In line with this, we are seeking for your support and permission expressed through a **memorandum** to allow us to conduct an **Orientation Meeting on September 27, 2021 (Monday), 9:00 AM – 10:00 AM, via Zoom** to all your public junior high schools.

In addition, we would also like to invite **you** and **Ms. Marielle Ann S. Aguirre, RN**, Health and Nutrition Unit Head to attend this meeting. The agenda of the meeting is as follows:

- Orientation of PMHA Programs and Services
- Discussion of the proposed program for SY 2021-2022

Kindly register through this link <https://bit.ly/3Ct2dvf> to confirm your attendance.

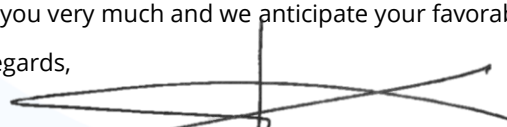
Please see the zoom details below for your reference.

Meeting ID: 874 9975 4363	Meeting Passcode: 238456
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Should you have inquiries or clarifications, you may message Ms. Michelle Abigail L. Bonafe, YLEP Program Head in her email, chellebonafe@pmha.org.ph or text 0917-5652037.

Thank you very much and we anticipate your favorable response to this request.

Best regards,


LLEWELYN ISSA B. DELA CRUZ, MA ED, RGC, RPSY
Program Manager
Education, Advocacy, and Research Department (EARD)

Noted by:


CAROLINA UNO-RAYCO, PHD, RGC, RPSY
National Executive Director

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